

**Nepal Action Asia 3 day Ultra Marathon 2013 , NOV 1-3
60KM**

Overall Position	Race Number	Team/ Sponsor/ Charity	First Name	Last Name	Day 1	Day 2	Day 1 +2 Total Time	Day 3	3 Day Overall Timing	Cat Position	Category	Remarks
1	112	Emma Drake	Emma	Drake	03:40:06	02:32:37	6:12:43	03:50:09	10:02:52	1	60km W40-49	
2	71		Dan	Codling	04:18:01	02:48:18	7:06:19	03:47:28	10:53:47	1	60km M30-39	
3	94	Steph	Stephanie	Che	03:59:40	02:47:52	6:47:32	04:11:00	10:58:32	1	60km W18-29	
4	42		Frankie	John	04:09:26	03:04:25	7:13:51	04:28:05	11:41:56	2	60km W18-29	
5	96	Joanna Mak	Joanna	Mak	04:50:50	03:04:45	7:55:35	04:25:05	12:20:40	3	60km W18-29	
6	73	When the seagulls follow the trawler	Nicolas	Guyard	04:34:06	03:04:45	7:38:51	04:45:20	12:24:11	2	60km M30-39	
7	79		Rob	James	04:50:17	02:57:25	7:47:42	04:45:27	12:33:09	1	60km M40-49	
8	103		Grace	Wong	04:50:17	02:57:25	7:47:42	04:45:27	12:33:09	1	60km W30-39	
9	119	Team Of Paris	Corinne	Picut	05:01:07	03:15:30	8:16:37	04:52:23	13:09:00	2	60km W40-49	
10	56		Grace B.	Cooke	04:17:36	02:59:30	7:17:06	06:29:35	13:46:41	3	60km W40-49	
11	69		James	Bettle	05:17:35	03:03:27	8:21:02	05:35:00	13:56:02	3	60km M30-39	
12	83	Terratrotter	Andrew	Malanga	05:45:31	03:03:27	8:48:58	05:28:16	14:17:14	2	60km M40-49	
13	74		HANG ASA	LI KING	05:38:24	03:22:46	9:01:10	05:37:58	14:39:08	4	60km M30-39	
14	48		Sonja	Gottschlich	05:40:55	03:34:17	9:15:12	06:06:22	15:21:34	2	60km W30-39	
15	51	Felicia Lim	Felicia	Lim	05:40:56	03:34:17	9:15:13	06:06:22	15:21:35	3	60km W30-39	
16	102		ROSEMARY	VANDENBROUCKE	05:47:36	03:44:25	9:32:01	06:12:48	15:44:49	4	60km W30-39	
17	92		Michael S.	Cooke	05:40:59	03:56:20	9:37:19	06:15:18	15:52:37	1	60km M60+	
18	121	Fran Thompson	Fran	Thompson	06:11:46	03:47:19	9:59:05	06:20:59	16:20:04	4	60km W40-49	
19	91		Guy	D'Auriol	05:32:01	03:22:46	8:54:47	07:27:53	16:22:40	1	60km M50-59	
20	54		Tatiana	Ward	06:10:25	03:12:35	9:23:00	07:00:54	16:23:54	5	60km W30-39	
21	29	TEAM SBCF	Richard	Mead	08:48:21	02:55:16	11:43:37	04:46:26	16:30:03	3	60km M40-49	
22	93		Lora	Lee	05:18:17	04:31:38	9:49:55	06:57:47	16:47:42	5	60km W40-49	
23	76	Oliver Ward	Oliver	Ward	06:10:25	03:43:21	9:53:46	07:17:46	17:11:32	5	60km M30-39	
24	84	rene	Rene	Schaufelberger	07:15:12	04:00:25	11:15:37	06:27:17	17:42:54	4	60km M40-49	
25	81	NetApp	Soo Neng	Lim	06:01:47	04:12:15	10:14:02	07:36:36	17:50:38	5	60km M40-49	
26	111	Ellen	Ellen	Dhoore	06:20:17	04:02:16	10:22:33	07:32:34	17:55:07	6	60km W40-49	
27	98	Daniela Flower	Daniela	Flower	06:51:07	04:08:34	10:59:41	06:57:10	17:56:51	6	60km W30-39	
28	72	Tim Flower	Tim	Flower	06:51:07	04:08:34	10:59:41	06:57:10	17:56:51	6	60km M30-39	
29	107		Angela	Battad	06:00:27	04:24:18	10:24:45	07:32:34	17:57:19	7	60km W40-49	
30	78		MATHIAS	HELLEU	06:29:14	04:06:01	10:35:15	07:27:53	18:03:08	6	60km M40-49	
31	105		Charron	Anne	06:37:31	04:05:45	10:43:16	07:30:44	18:14:00	8	60km W40-49	
32	126		Marie-Josee	Trepanier	06:37:31	04:05:45	10:43:16	07:30:44	18:14:00	1	60km W50-59	
33	120		Chantal	Smith	06:42:27	04:25:59	11:08:26	07:33:12	18:41:38	9	60km W40-49	
34	116	Uschi Mirus	Uschi	Mirus	06:43:44	04:25:48	11:09:32	07:33:12	18:42:44	10	60km W40-49	
35	118	skyangel	Andrea	Naf	07:24:50	04:11:28	11:36:18	07:33:12	19:09:30	11	60km W40-49	
36	40	Mr Gordon Oldham	Gordon	Oldham	06:55:12	05:01:40	11:56:52	07:33:12	19:30:04	2	60km M60+	
37	66		Christopher	Giercke	06:55:12	05:01:40	11:56:52	07:39:59	19:36:51	3	60km M60+	
38	130	Gail Sutton	Gail	Sutton	06:28:28	04:00:25	10:28:53	09:10:32	19:39:25	1	60km W60+	
39	75	James Sutton	James	Sutton	06:28:28	04:00:25	10:28:53	09:10:32	19:39:25	7	60km M30-39	
40	67		Sugam	Singh	06:55:12	05:01:40	11:56:52	07:48:08	19:45:00	7	60km M40-49	
41	123	Tri Sunglasses	Fenny	Tsang	10:04:59	03:50:54	13:55:53	06:24:30	20:20:23	12	60km W40-49	
42	20	TEAM SBCF	Daniel	Adamo	12:43:12	02:55:16	15:38:28	04:46:26	20:24:54	8	60km M40-49	3 hr penalty, transportation distance after Cp4
43	53		Elina	Makilammi	09:06:36	05:38:10	14:44:46	06:00:16	20:45:02	7	60km W30-39	
44	104	Lo Yan	Yan	Lo	07:22:18	04:56:20	12:18:38	08:37:40	20:56:18	8	60km W30-39	
45	85		Simon	Lee	07:37:49	05:00:43	12:38:32	08:21:55	21:00:27	9	60km M40-49	
46	70		Wei-Te	Chang	07:37:49	05:00:43	12:38:32	09:09:42	21:48:14	8	60km M30-39	
47	86	Pasquale	Pasquale Mario	Ciarlitto	07:18:00	05:33:40	12:51:40	10:04:25	22:56:05	2	60km M50-59	
48	106	Tina Axford	Tina	Axford	08:48:41	05:03:16	13:51:57	09:19:48	23:11:45	13	60km W40-49	
49	77	Nick Axford	Nick	Axford	08:48:41	05:03:16	13:51:57	09:19:48	23:11:45	10	60km M40-49	
50	97	Jane Duzon	Jane Clarence	Duzon	07:37:46	05:33:40	13:11:26	10:04:25	23:15:51	9	60km W30-39	
51	65	Raymond Shuai	Raymond	Shuai	08:06:55	05:28:38	13:35:33	10:07:35	23:43:08	9	60km M30-39	
52	122		Trish	Tracey	06:42:27	06:45:15	13:27:42	10:31:40	23:59:22	14	60km W40-49	
53	131	YS Mak	Ying Sheung	Mak	08:43:30	06:48:45	15:32:15	08:37:40	24:09:55	10	60km W30-39	
54	114	Go Jo!	Jolanda	Houthuijsen	08:49:33	05:50:25	14:39:58	09:57:20	24:37:18	15	60km W40-49	
55	113	Wendy & Aukje	Wiebigje	Dykstra	08:49:33	05:50:25	14:39:58	09:57:20	24:37:18	16	60km W40-49	

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60KM**

Overall Position	Race Number	Team/ Sponsor/ Charity	First Name	Last Name	Day 1	Day 2	Day 1 +2 Total Time	Day 3	3 Day Overall Timing	Cat Position	Category	Remarks
56	124	Wendy & Aukje	Aukje	Vestjens-Rijpkema	08:49:33	05:50:25	14:39:58	09:57:20	24:37:18	17	60km W40-49	
57	110	Fleur Daniell	Fleur	Daniell	08:09:52	05:29:06	13:38:58	11:01:05	24:40:03	18	60km W40-49	
58	101		Peggy	Titmarsh	07:24:50	06:45:15	14:10:05	10:31:40	24:41:45	11	60km W30-39	
59	64	Team Tam	Joan	Steidinger	08:24:02	05:45:25	14:09:27	10:56:00	25:05:27	2	60km W50-59	
60	89	Brent Moorcroft	Brent	Moorcroft	08:40:27	05:56:40	14:37:07	11:01:40	25:38:47	3	60km M50-59	
61	125		Wai Yee	Wong	08:43:30	06:48:45	15:32:15	10:06:40	25:38:55	19	60km W40-49	
62	117		Ednalyn	Moorcroft	08:40:27	05:57:20	14:37:47	11:01:40	25:39:27	20	60km W40-49	
63	39	WooSo	WooSo	Kwan	06:35:40	09:03:50	15:39:30	10:24:59	26:04:29	4	60km M60+	
64	127	Sarah Borwein	Sarah	Borwein	09:18:50	06:08:45	15:27:35	10:52:27	26:20:02	3	60km W50-59	
65	128	Susan Mistler	Susan	Mistler	09:18:50	06:12:00	15:30:50	10:56:00	26:26:50	21	60km W40-49	
66	99	Philippa Halton	Philippa	Halton	10:30:11	08:45:00	19:15:11	11:01:05	30:16:16	12	60km W30-39	
	100	Meredith Odgers	Meredith	Odgers	10:30:11	08:45:00	19:15:11	DNS			60km W30-39	
	82	NetApp	William	Lum	12:15:40	DNS		DNS			60km M40-49	
	108	Rebecca Bond	Rebecca	Bond	DNS	DNS		DNS			60km W40-49	
	109	Tabitha Bond	Tabitha	Bond	DNS	DNS		DNS			60km W40-49	
	115	Amanda KAYE	Amanda	Kaye	DNS	DNS		DNS			60km W40-49	
	129		Jan	Abbott	DNS	DNS		DNS			60km W60+	